



# SPRING ACADEMY

SMALL GROUP SETTING

## WHAT TO EXPECT

MGBasketball workouts are designed with specific outcomes in mind:

- \* Small Group Setting
- \* Detailed Skill Development
- \* Decision Making Training
- \* Live Lab Play: High Frequency Offensive Situations
- \* 100% focused on translating skills into a game setting

## WHY MGBASKETBALL?

All workouts are 100% refundable if you are not completely satisfied with the experience. The workouts will feature practical and detailed teaching based on developing game-applicable skills. Workouts will not feature needless conditioning, and all sessions will feature live "lab" competition.



**Former College Head Coach  
Former NAIA All-American Player**

**LIMITED SPOTS AVAILABLE  
(SMALL GROUP SETTING)**

**WHERE:** TCA-Willow Park

## SPRING ACADEMY

### **DATES:**

*Six Monday Nights*

3/23, 3/30, 4/6, 4/13, 4/20, 4/27

**TIME:** 8:00 - 9:00 pm

**WHO:** JH / HS (Boys / Girls)

**Cost: \$175 (\$25 off by Feb 15)**

*Workouts will feature the following:*

- \* *Game Speed Shooting*
- \* *Game Situational Ball Handling*
- \* *Offensive Footwork*
- \* *Decision Making Training*
- \* *Live Lab Situations*

*“Coach Garnett is known for his specific and detailed approach to teaching the game of basketball. He teaches players more than just the skills of the game. He teaches them how to apply those skills into game situations.”*

*- Ron Holmes,  
Hall of Fame College Coach / McMurry University*