

SPRING YOUTH ACADEMY

ALEDO - WILLOW PARK AREA



WHAT TO EXPECT

MGBasketball workouts are designed with specific outcomes in mind:

- * Small Group Setting
- * Detailed Skill Development
- * Decision Making Training
- * Live Lab Play: High Frequency Offensive Situations
- * 100% focused on translating skills into a game setting

WHY MGBASKETBALL?

All workouts are 100% refundable if you are not completely satisfied with the experience. The workouts will feature practical and detailed teaching based on developing game-applicable skills. Workouts will not feature needless conditioning, and all sessions will feature live "lab" competition.



Former Collegiate Head Coach
Former NAIA All-American Player

WHO WE ARE

MGBasketball Instruction is an organization that specializes in player development. Director Matt Garnett runs skill development events and coaching clinics throughout the year.

Monday Nights: 6:00 - 7:00 pm

(6 Weeks)

March 2, 9, 23, 30 / April 6, 13

WHERE: TCA-Willow Park

WHO: Ages 6 - 10 (Boys / Girls)

Limited Spots - Small Group Setting

*** Athletes will be divided based on age / skill level ***

Price: \$ 175 Total

Early Registration Discount \$25 off by Feb 8

Register Online at MGBASKETBALL.COM

The Youth Academy will consist of the following:

- Game Applicable Ball Handling
- Game Situation Shooting
- Footwork / Balance
- Defensive Principles
- Game Passing Situations
- Handling Defensive Pressure

*****Each workout will also feature "Controlled Live" Lab Play*****

"Coach Garnett is known for his specific and detailed approach to teaching the game of basketball. He teaches players more than just the skills of the game. He teaches them how to apply those skills into game situations."

*- Ron Holmes, Hall of Fame College Coach –
McMurry University*